

# Track and Field

## Site Inspection



### Danville High School – Danville, Kentucky

Site Inspection by . . . . Gordon D. Bocoock, Track and Field Consultant

Monday, May 3, 2004

#### Pole Vault

<b>Landing Pad</b> 19' 8" wide 20' 2" deep 16'5" back of box Runway 130'	The Pole Vault Venue is located inside the oval in the second curve. The runway is in place but the school has not purchased the new landing pad required by the National Federation. No practice or competition in the pole vault is being conducted at the Admiral Stadium in 2004.
<b>Planting Box</b>	
<b>Standards/Crossbar</b> 13'8" – 14'8" Bar 14'10"	.
<b>Surrounding Area</b>	
<b>Weigh In of Athletes</b>	It is <u>highly</u> recommended that the Pole Vault Official have scales provided by the host school to weigh the Vaulters to assure that their weight is in compliance with what is listed on the vaulting pole.
<b>Coaching Box</b>	Should pole vaulting return to Admiral Stadium it would be very easy to sit up a Coaching Box between the runway and the curve of the track. <u>Flagging</u> the area would be a simple project.
<b>Pole Vault Venue</b>	No Pole Vault at Danville High School in 2004.

#### High Jump

<b>Landing Pit</b> 16' by 8'	The High Jump Venue is located inside the oval in the first curve of the track. The landing pad has been properly put together and has a common cover that pulls the pads together for a landing pad that meets all the requirements of the National Federation. An all weather cover was in place to protect the equipment from the elements. The pallets used under the landing pad have a tendency
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	to slide out with the movement of the pit in constant jumping. Officials, coaches and athletes need to be aware of this safety concern and make sure that pallets remain under the landing pads.
<b>Standards/Crossbar 12' apart Bar – 12'</b>	The high jump standards were in good working order and the crossbars were the proper length.
<b>Surrounding Area</b>	The high jump apron is a vary large area with a soft rubber surface. The edges of the apron toward the football field may need some fill dirt from time to time to keep the area level for both track and football athletes that could trip over the edges of the apron.
<b>High Jump Venue</b>	The high jump venue is a very good jumping facility.

<b>Long Jump and Triple Jump</b>	
<b>Landing Pit 9' by 15'</b>	The Long Jump and Triple Jump Venues are located inside the oval on the backstretch of the track. One runway is used to connect two sand pits. The runway is adequate length to use both pits at the same time and is a very soft rubber surface. It was very difficult to determine the size of the sand pits and after some research it was noted that concrete edges were present but buried.
<b>Take Off Marks 12' or 8' 32' or 28'</b>	The take off marks are set at the standard distances and tape is sometimes put down to assure that athletes of all levels of ability will land safely in the sand pits.
<b>Rakes/Shovel Brooms</b>	Parts of the pits have seen a rake but the pits have not been raked properly.
<b>Sand Level</b>	The sand pits were only worked up at the front edge of the pit. It was <u>recommended</u> that the total pit be loosened to allow safe landings and safe fallings into the sand pit. It was <u>recommended</u> that the concrete edges be uncovered so the athletes would know the boundary lines of the pit and to alert them to an otherwise potential safety concern. The sand is to be raked so that it is level with the concrete edges and level with the takeoff runway. If not level when raked more sand may well be needed. Both sand pits are in similar condition.
<b>Surrounding Area</b>	No problem with anything in the immediate areas.
<b>Long Jump/ Triple Jump Venue</b>	The Long and Triple Jump Venues are both good jumping areas and once the sand pits are brought back to there original state all the safety issues will have been addressed.

<b>Shot Put</b>	
<b>Circle</b>	The Shot Put Venue is located outside the stadium near the big anchor in front of the Admiral Stadium. The concrete is an old circle that has been in place for some time. It has a metal ring that has been secured to the slab and it has an old all metal toe board that has been properly placed and secured to the concrete. Danville has had a cage around the Shot Put Venue for some time and are ahead of the game with this safety issue. As the cage becomes a must for the shot put they need to be aware of possible size requirements that may differ somewhat from the cage they have had for years. The outer part of the concrete would look much better if painted with the blue and white of Danville.
<b>Sector and Markings</b>	The 40 degree throwing sector was in place and properly marked.

<b>40* or 60 *</b>	
<b>Surrounding Area</b>	Flagging was in place to assure some safety concerns and to make passers by of flying objects.
<b>Weight Implements</b>	It is <u>highly</u> recommended that the Shot Put Officials be provided with the necessary equipment, provided by the host school, to properly weight the throwing implements and the a marking material to indicate proper weight.
<b>Shot Put Venue</b>	The Shot Put Venue has been a good one for a long time and may need a facelift in the near future.

<b>Discus Throw</b>	
<b>Cage</b>	The Discus Venue is located outside the oval on the first curve on the track up on the soccer area. The discus cage had one front pole that was placed in the wrong insert and when corrected it was in compliance with the National Federation Requirements. Cage needs to be checked yearly.
<b>Circle</b>	The old concrete circle has a metal ring that has been secured to the slab. The circle needs to have a broom to be able to sweep the circle daily to assure the safe footing of spinning athletes. Painting the outside portion of the concrete would brighten up the area.
<b>Sector and Markings 40 * 2'9.75"</b>	The 40 degree sector was in place and properly marked.
<b>Surrounding Area</b>	The area around the discus venue is an area where teams like to place there team tents. Discus officials need to be aware of throwers who have a tendency to throw to the left and point out such things. Flagging is a must in this particular area so that people from the tent area have a reminder in place of the safety concerns in the discus area.
<b>Weigh Implements</b>	It is highly recommended that the Discus Officials be provided with the necessary equipment, provided by the host school to properly weigh the throwing implements and the marking material to indicate proper weight.
<b>Discus Venue</b>	The discus venue is a very good throwing area and caution must be in place to the tent city on the left.

<b>Running Track</b>	
<b>Lanes Number &amp; Size General overall Conditions and concerns</b>	The Danville High School Track and Field Complex is 6 lanes of 42" wide soft rubber. A very nice running track. It is an old 440 Yard Track that has been converted to meters. Cones are needed to mark the inside edge of the running track all the way around. Some of the marking (red) are getting very faint.
<b>Stagger Colors:</b>	1 Turn - None                      3 Turn - Blue 2 Turn - White                      4 Turn - Red 3 Water Fall Starting lines (800, 1600 and 3200)
<b>Relay Colors:</b>	4 X 100 - Yellow/Yellow/Yellow 4 X 200 - Red/Red/Yellow 4 X 400 - Yellow/Green/Blue The host school is to provide the necessary flags for the officials to properly officiate the exchange zones.
<b>Break Lines</b>	Green Broken Line It is recommended in the Regional Meet to use the same break line for the 800 Meters as they do in the state meet, with a line a the head of the front stretch. On the Pulaski track it would be the 100 Meter Starting Line.
<b>Hurdle Colors</b>	100 Girls - Yellow

<b>Overall condition of the hurdles</b>	<b>110 Boys – Blue 300 Hurdles – Red (Very Weak)</b>  Hurdles are in good condition and at least 60 are present for the straightaway hurdles.
<b>Starting Blocks Number and condition  Block Cart</b>	Starting blocks are in good condition and hold the track very well.  A very cleverly constructed home made block cart was present to move the blocks
<b>Starting Line Safety</b>	Fencing around the track for crown control had the starting areas in great shape and free from obstacles and spectators.
<b>Finish Line Safety</b>	Same as starting area.
<b>Surrounding Areas (This could include bleachers, fencing, tree limbs, etc.</b>	The bleachers on the front and back stretch are more than adequate for a track and field meet. There is plenty of room for the tent city that appears at big meets and regional meets. The biggest concern with a large track meet may well be the public rest rooms. Although very clean when the meet starts it is not long before running water is covering the floor. Attention may well be given to this area as can leave a lasting impression of Danville High School.
<b>PA / Press Box</b>	The Press Box and Public Address is more than adequate for a track and field meet.

<b>Officials Overall view of this Track and Field Complex</b>	The running track and the field events are in very good shape. The equipment is top notch. Overall the Danville complex is in very good shape and only needs a pole vault venue with legal landing pad to make it a top flight facility.
<b>Regional Meet Site (In your opinion would you recommend this facility be considered as a Regional Meet Site.</b>	Yes ..... Danville High School is in the rotation to host the Class A Regional Track Meet and the facility is more than adequate. With no pole vault venue the event would need to be hosted at another location on a different day from the prelims and finals.

Respectively submitted,

Gordon D. Boccock,  
KHSAA Track & Field Consultant